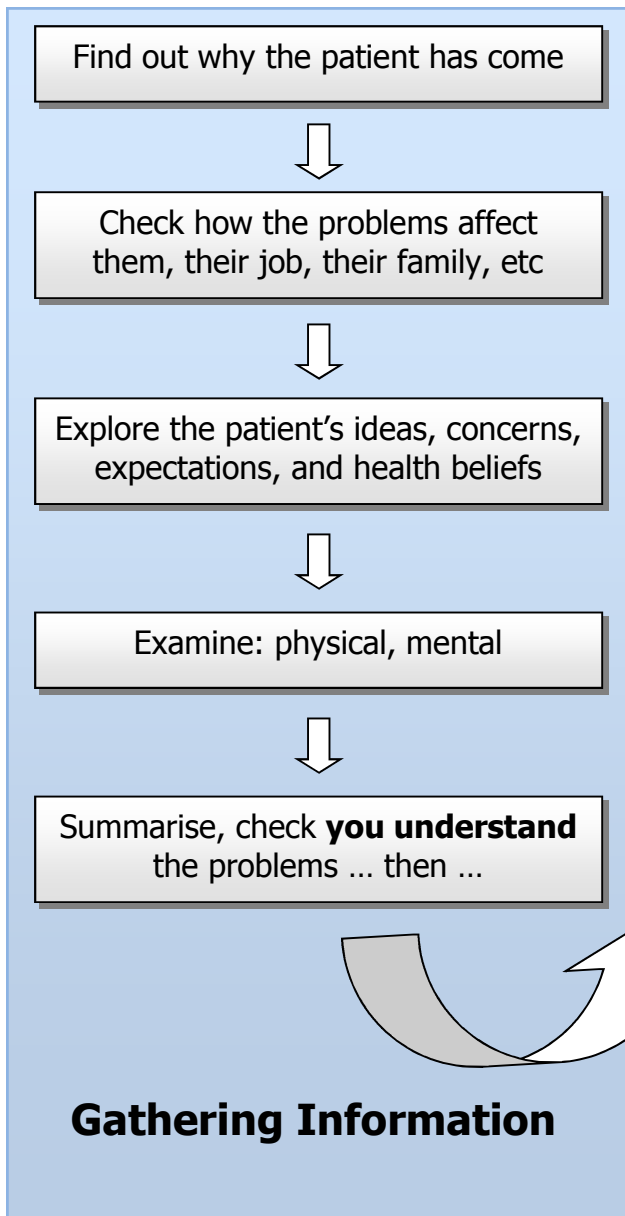
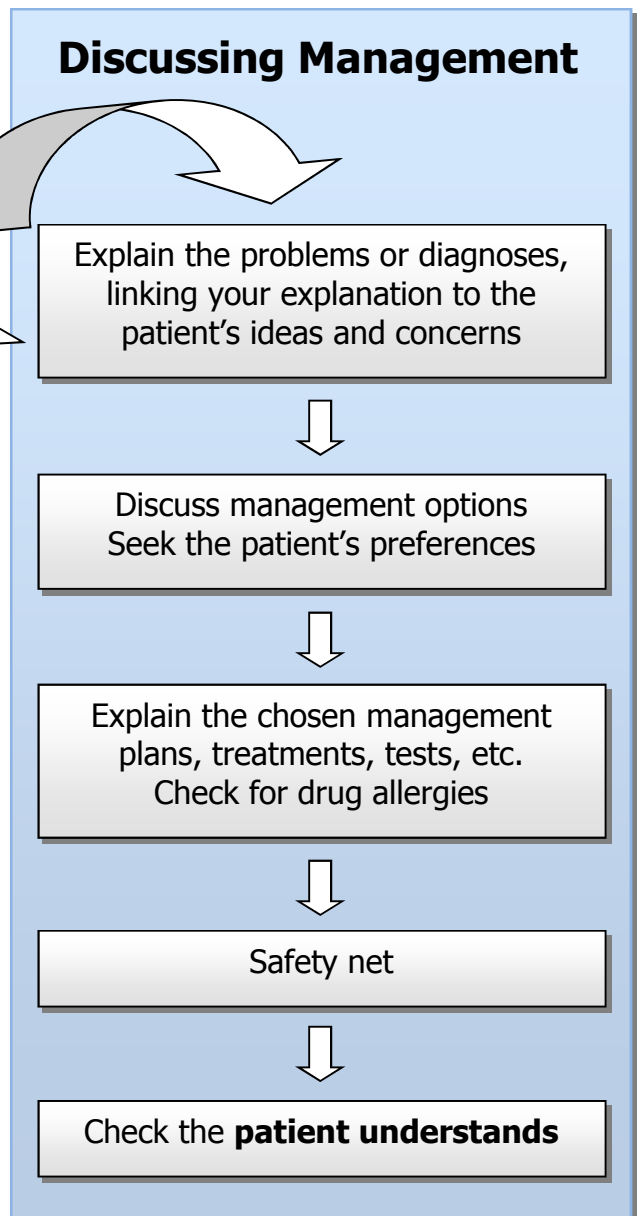


A Consultation Navigation Tool



*Collect all relevant information first, and **only then** 'cross the bridge' to start discussing management*



Some ideas for how to use the Consultation Navigation Tool

This consultation guide encourages the clinician to gather all relevant information and share an understanding of the issues **before** moving on to discuss management options. If the patient has more than one problem, it is best to gather the relevant information about each problem, and then consider management for them all.

Some ways of using it include:

- watch a consultation video, and see how far the consultation proceeds according to this model, and how far it differs. Does the consultation move back and forth between gathering information and discussing management i.e. does it “loop?”
- if there is some “looping”, consider alternative phrases and strategies which may avoid it, and promote a better structure to the consultation
- watch a colleague consulting in a joint surgery, and follow the path of the consultation by placing your finger on the relevant part of the navigation tool as it occurs. Note whether or not the consultation proceeds smoothly, or whether there is looping.
- read the guide immediately prior to consulting with a patient
- read the guide immediately after consulting with a patient, and consider how far you followed the structure, and whether there was any looping
- memorise the guide, and then visualise it prior to consulting with a patient
- place the consultation navigation tool where you can see it out of the corner of your eye whilst actually consulting. Consider laminating a paper version.
- discuss with colleagues a variety of phrases for each of the sections i.e. for each of the boxes in the guide

Shared Understanding Diagram

